

Medlines

MEDICAL NEWS PROVIDED BY MCV HOSPITALS AND PHYSICIANS OF THE VCU HEALTH SYSTEM

MCV
HOSPITALS AND
PHYSICIANS
Virginia Commonwealth University
Health System

Lace Up Your Running Shoes There's Still Time to Sign Up for Trigon Gurney Tourney



The downtown area around MCV Hospitals and Physicians will come alive with music, laughter, and fun as participants in the 2000

Trigon Gurney Tourney take to the streets in a race to raise money for health system patients and families.

This year's one-of-a-kind Richmond event features 60 gussied-up gurneys powered by teams of health system staff and local businesses. Following a posh parade, these teams of enthusiastic bedfellows will challenge the clock—and each other—in a wild three-block race through a course studded with hilarious “obstacle” activities. The event concludes with an awards ceremony and celebration on the MCV campus in the courtyard of the Medical Sciences Building.

Proceeds from the 2000 Gurney Tourney will benefit the Hospital

Hospitality House and the Hospital Auxiliary, which in turn will support MCVH's Neonatal Intensive Care Unit. Both the Hospitality House and the NICU have played important roles in the lives of MCVH patients and their families for decades.

Since 1985, the non-profit Hospital Hospitality House has offered housing to more than 48,000 families and patients of MCVH and other local hospitals. Funds from the Gurney Tourney are pledged to provide lodging for patients and families who stay in Richmond during treatment.

MCVH's NICU was the first of its kind to open in Virginia, remaining the state's only unit offering a full range of specialized services for critically ill newborns for 15 years. Today, MCVH is home to the largest NICU in Central Virginia. Since its opening in 1975, the NICU has continued its history of firsts and proudly remains on the leading edge of care and innovative treatment for the smallest of patients. Funds from the 2000 Gurney Tourney will be used for a state-of-the-art unit renovation.

You can join the fun on Saturday, September 23, by sponsoring a bed or obstacle, or by cheering on your favorite gurney team. For more details, contact MCVH Gurney Tourney Chair Sharon Cone at 828-1469.

Free Car Seat Safety Check Set for Saturday Downtown

Considering the variety of child car seats on the market and the number of types of vehicles to put them in, it's no wonder parents today are confused about how to properly install and use child car seats. The National Highway Transportation Safety Association estimates as many as half of all child car seats in use are installed incorrectly—some studies put that number even higher.

Differences in seat construction, seat belt placement, and seat belt types all contribute to the problem, which is compounded by usage issues like improper harnessing, damaged or missing car seat pieces, and using a seat inappropriate for a child's age or size.

How can you make sure your child car seat is doing its job of protecting your most important passengers? Consult an expert. On Saturday, September 9, certified MCV Hospitals and Physicians staff members will conduct a car seat safety inspection from 10 a.m. to 12 noon in the parking lot of Randolph Minor Hall off College Street. The inspection is free and open to the community. For more details, call MCV Women's HealthCare Education at 628-0600.