



Dr. Glenn Hurt



Dr. Edward Gill

## Health Seminar Offers In-depth Look at Female Urinary Incontinence

Millions of American women suffer from urinary incontinence and pelvic support disorders. It's a condition that greatly impacts one's self-esteem and peace of mind, and, in fact, can adversely affect a woman's lifestyle choices and many daily activities.

Often, women don't report this uncomfortable and emotionally disturb-

ing situation to physicians, believing that the problem is an inevitable and irreversible result of child-bearing or aging. But that's just not true. Many women who experience urinary incontinence or pelvic support disorders can be treated successfully with non-surgical or surgical options.

On Tuesday, September 26, MCV Women's HealthCare will offer a free seminar discussing the sensitive issues related to bladder control. The seminar, titled "Staying in Control," will provide clear and practical information and describe personal intervention strategies as well as medical and surgical alternatives. Attendees also will have the opportunity to speak directly with the health system's team of specialists on hand for the seminar, including:

- Dr. Edward Gill, head of Urogynecology and Reconstructive Pelvic Surgery
- Dr. Glenn Hurt, an internationally recognized expert in incontinence and pelvic organ prolapse
- Ann Dunbar, a physical therapist specializing in pelvic floor muscle dysfunction

The seminar will be held at MCV Physicians in the Park at Stony Point, 9000 Stony Point Parkway, from 7 to 8:30 p.m. To register, call 560-8996.

## In a Rush? MCVH Downtown Campus Has Valet Parking

Valet parking is a luxury that's not just reserved for fancy restaurants and high-dollar hotels anymore. Would you believe you can use valet parking at MCV Hospitals and Physicians? The convenience considerably outweighs the cost of just a few dollars. Knowing your parking is taken care of allows you to focus all your energy on your clinic appointment or business meeting.

Patients and visitors alike are invited to take advantage of this fast and easy parking alternative. Three locations on the downtown campus—the Ambulatory Care Center off 11th Street, and Nelson Clinic and North Hospital off Marshall Street—allow you to choose to drop off your car closest to your destination. Each of the three drop-off spots also allows access to elevators and the hospital's raised walkways so you can get where you need to go quickly and safely. Plus, the signage system makes it even easier for you to get from Point A to Point B—and back again.

MCVH's valet parking offers you convenience and peace of mind. Give it a try during your next visit.