

Medlines

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Let's Talk About It: Women's Health

Come one, come all! The VCU Health System is hosting free lunchtime seminars focusing on different types of cancers that affect women. Bring your lunch and we will serve dessert. Every Wednesday in May, VCUHS physicians will discuss topics such as detection, prevention, research and advancements in treating cancer. The women's health seminars will be held in the Atrium of the James Center, 1021 E. Cary Street, from 12:15 pm to 1 pm. They're free and open to the public. Mark these dates on your calendar!

May 9:
Common Skin Cancers and Their Cures
Dr. Algin B. Garrett, Chairman of Dermatology

May 16:
Are PAP Smears Still Important?
Dr. Eileen Segreti, Gynecologic Oncologist

May 23:
Cancer of the Uterus: The Curable Cancer
Dr. John B. Wheelock, Section Head of Gynecologic Oncology

May 30:
Ovarian Cancer: It Whispers, So Listen
Dr. Cecelia Boardman, Gynecologic Oncologist

These seminars are the result of a combined effort by the VCU Health System's Women's Health Services, VCU's Massey Cancer Center, NCI's Cancer Information Service (1-800-4-CANCER), the American Cancer Society and the James Center.

Let's Do Something About It: Women's Health Screenings

Educate yourself about women's health care, take a couple of important health tests, and while you're at it, get your grocery shopping done too!

Join the VCU Health System, NBC 12. Ukrops and Convalescent Care for Women's Health 2001, a month-long series of educational opportunities focusing on women's health.

Bone density, cholesterol, and blood sugar screenings will be offered, as well as blood pressure checks and packets on nutrition and post-

menopausal issues. Health care and groceries, all in one location - it truly is one-stop shopping!

May 4: 10am - 3pm
Harbour Point Ukrop's

May 5: 10am - 3pm
Convalescent Care Center
Colonial Heights

May 10: 12 noon - 5pm
Short Pump Ukrop's

May 12: 10am - 3pm
Virginia Center Commons Ukrop's

May 15: 12 noon - 5pm
Patterson Avenue Ukrop's

May 17: 12 noon - 5pm
Chippendale Crossing Ukrop's

May 22: 1pm - 6pm
Chesterfield Towne Ukrop's

May 23: 10am - 3pm
Brook Run Ukrop's

May 31: 10am - 3pm
MCV Campus, Main Hospital
(1st floor lobby)

For more information, call Jennifer Cummings, RN, at 828-4563. For appointments, call the Nelson Clinic at 828-4409 or Stony Point at 560-8950. Or visit the website at www.vcuhealth.org/womens.