### Cardiovasculature: A Dynamic Sensing and Actuating System

Tzung Hsiai, MD, PhD

Cardiovascular Engineering Research Core School of Engineering & School of Medicine University of Southern California



## **Objectives**

Introduce vascular systems

Interface vascular dynamics with biology

Translate vascular dynamics to in vivo models

Bridge bioengineering, industry, and medicine













#### Cardiovasculature: A Dynamic Sensing and Actuating System



### **Biomedical Research in the Post-Genomic Era**





### Cardiovascular Engineering Research Core





# Death Rates in Cardiovascular Disease: 35.3 % of all deaths in USA



Number of deaths for leading causes of death: Heart disease: 631.636 Cancer: 559,888 Stroke (cerebrovascular diseases): 137,119 Chronic lower respiratory diseases: 124,583 Accidents (unintentional injuries): 121.599 **Diabetes: 72,449** Alzheimer's disease: 72,432 Influenza and Pneumonia: 56,326 2000 Nephritis, nephrotic syndrome, and nephrosis: 45,344 Septicemia: 34,234

Years

Source: Deaths: Final Data for 2006, tables B, D, 7, 30

NIH NHLBI fact book, 2008

## **BMES2009**

Three rivers of biology, engineering, and medicine



### Impact of Biomedical Research on Medicine

Macro



Micro

Molecular and nano approach to stem cell and regenerative medicine, tissue engineering, materials science, chemistry. Molecular biology, and alike.

Biology, nanotechnology and nanophotonics

Nano



## **Objectives**

Introduce vascular systems

Interface vascular dynamics with biology

Translate vascular dynamics to in vivo models

Bridge bioengineering, industry, and medicine

# Vascular Dynamics









## **The Circuitry**

#### **Cardiovascular system**

-a pump

#### -a series of distributing and collecting tubes

-an extensive system of thin vessels that permits rapid exchange of substances between the tissues and the vascular channels



### Law of Continuity of Flow



Blood flow in vessels of different sizes is constant in each segment of a given cross-sectional area regardless of the magnitude of that area. If vessels run side by side (in parallel), the flow will be additive. When one vessels lead one directly into another (in series), what flows in is what flows out:

 $Q_{total} = Q_1 + Q_2 = (V_1A_1) + (V_2A_2) = Q_{in} = Q_{out}$ 



### Navier-Stokes Equations 3-D unsteady flow

#### Time : t Pressure: p Heat Flux: q Coordinates: (x,y,z) Density: p Stress: T Reynolds Number: Re Velocity Components: (u,v,w) Total Energy: Et Prandtl Number: Pr $\frac{\partial \rho}{\partial x} + \frac{\partial (\rho u)}{\partial w} + \frac{\partial (\rho v)}{\partial w} + \frac{\partial (\rho v)}{\partial z} = 0$ **Continuity:** X - Momentum: $\frac{\partial(\rho u)}{\partial t} + \frac{\partial(\rho u^2)}{\partial x} + \frac{\partial(\rho u^2)}{\partial y} + \frac{\partial(\rho uv)}{\partial z} = -\frac{\partial p}{\partial x} + \frac{1}{R_{P_z}} \left| \frac{\partial \tau_{xx}}{\partial x} + \frac{\partial \tau_{xy}}{\partial y} + \frac{\partial \tau_{xz}}{\partial z} \right|$ **Y** - Momentum: $\frac{\partial(\rho v)}{\partial t} + \frac{\partial(\rho u v)}{\partial x} + \frac{\partial(\rho v^2)}{\partial y} + \frac{\partial(\rho v^2)}{\partial z} = -\frac{\partial p}{\partial y} + \frac{1}{R_{\sigma}} \left[ \frac{\partial \tau_{xy}}{\partial x} + \frac{\partial \tau_{yy}}{\partial y} + \frac{\partial \tau_{yz}}{\partial z} \right]$ **Z** - Momentum $\frac{\partial(\rho w)}{\partial t} + \frac{\partial(\rho u w)}{\partial x} + \frac{\partial(\rho v w)}{\partial v} + \frac{\partial(\rho w^2)}{\partial z} = -\frac{\partial p}{\partial z} + \frac{1}{Re_z} \left| \frac{\partial \tau_{xz}}{\partial x} + \frac{\partial \tau_{yz}}{\partial v} + \frac{\partial \tau_{zz}}{\partial z} \right|$ Energy: $\frac{\partial(E_T)}{\partial t} + \frac{\partial(uE_T)}{\partial x} + \frac{\partial(vE_T)}{\partial y} + \frac{\partial(wE_T)}{\partial z} = -\frac{\partial(up)}{\partial x} - \frac{\partial(vp)}{\partial y} - \frac{\partial(wp)}{\partial z} - \frac{1}{Re_rPr_r} \left| \frac{\partial q_x}{\partial x} + \frac{\partial q_y}{\partial y} + \frac{\partial q_z}{\partial z} \right|$ $+\frac{1}{Re_{x}}\left|\frac{\partial}{\partial x}(u\tau_{xx}+v\tau_{xy}+w\tau_{yz})+\frac{\partial}{\partial v}(u\tau_{xy}+v\tau_{yy}+w\tau_{yz})+\frac{\partial}{\partial z}(u\tau_{xz}+v\tau_{yz}+w\tau_{zz})\right|$

#### Navier-Stokes Equation:

#### Newtonian fluids of constant density and viscosity



In aorta:  $\alpha$  in a man ~20, in a dog~14, a cat ~8 and a rat ~3

## Reynolds number

Compare convective inertial force with the viscous force terms:

$$\frac{\text{inertia}}{\text{viscous}} = \frac{\rho U^2}{\mu U / L} = \frac{\rho U L}{\mu} = \text{Re ynolds}$$

A large Re #: a preponderant inertia effect. A small Re #: a predominant viscous force effect.

Re # in aorta: 2,000-3,000 Re # in capillary: 0.001 to 0.01







Paradigm shift in the micro- and nano-scale dynamics

#### Key points

- Semiconductors
- MEMS
- Microfluidics
- Gene Chips
- MEMS cardiovascular sensors
- Nanotechnology
- Nanotubes
- Quantum dots
- Green fluorescent protein
- Optics/molecular imaging
- Biodefense
- Nanotoxiciyy





Reynolds numbers: -aorta -arterioles -capillaries -veins Womerley's number: -aorta -arterioles -capillaries -veins

### Velocity Profiles of Pulsatile Flow: $\infty = 0.75$ vs. 10



Womersley, J of Physiol, and SK Cho

## **Blood Pressure**



#### Rigid tube vs. Coronary vascular bed



## **Objectives**

### Introduce vascular systems

Inertia vs. viscous force

Interface vascular dynamics with vascular biology

Translate vascular dynamics to an in vivo model

Bridge bioengineering, industry, and medicine

### Interplay between Hemodynamics and Vascular Biology





Shu Chien, John Cook, John Frango, Scott Simon, R. Narem, M. Gimbrone, P. Davies, L. McIntyre, Don Giddens, David Ku, C. Taylor, C. Zarins

## Atherosclerosis and Hemodynamics











### Monocyte Attachment to Endothelial Cells



Hsiai et al. ATVB 2002

### Shear stress induces NADPH oxidase system



Greindling, Hsiai, et al. Circ Res 2003

### Shear Stress and Vascular Oxidative Stress Dihydroethidium Bromide for O<sub>2</sub>-



Ku, Gidden, Zarins

Hsiai et al, Circ Res. 2003

Spatial variations in shear stress and vascular oxidative stress LDL oxidation and nitration



## JNK activation and antioxidant expression in the athero-prone versus athero-protective regions



## <u>Hemostasis</u>

In response to blood vessel injuries, the blood under three process to stem the flow of blood:

- 1. Vasoconstriction (endothelium, smooth muscle cells)
- 2. Platelet aggregation, and
- 3. Blood coagulation (coagulation cascade)




### Part I: Blood cells



## Vasoconstriction





-Injury to a blood vessel elicits a contractile response by the vascular smooth muscle, resulting in a narrowing of the vessel.

-Vasoconstriction in severed arterioles or small arteries can completely obliterate the lumen of the vessel to stop blood flow.

-The contraction of the vascular smooth muscle is induced by direct mechanical stimulation (GTP, increased in intracellular calcium, etc.) as well as by mechanical stimulation of perivascular nerves.



### Hemostasis

- Following injury to a blood vessel, all of the systems are activated.
- The hemostatic process is divided into 2 components;
  - primary hemostasis
    - Primary hemostasis depends upon the response of the platelet and blood vessel wall to the injury. When the small blood vessels are injured, blood platelets adhere and aggregate at the site of injury, reducing and finally arresting bleeding.
  - secondary hemostasis
    - Secondary hemostasis starts when the cascade system of coagulation is activated by substances released at the time of blood vessel injury.





### Primary Hemostasis



**Primary hemostasis** depends upon the response of the platelet and blood vessel wall to the injury. When the small blood vessels are injured, blood platelets adhere and aggregate at the site of injury, reducing and finally arresting bleeding.



The last stage of coagulation is fibrinolysis, which is the dissolution and localization of a fibrin clot. These functions are carried out by enzymes and their inhibitors. A disruption or breach of the fine balance of this fibrinolytic system can result in bleeding or thrombosis.



Fibrinolysis is mediated by activation of plasminogen to plasmin.

#### This is accomplished by:

Intrinsic activation (plasma based) initiated through Factor XIIa and allikrien. Thus, the contact system of coagulation serves as an intrinsic activator.

Extrinsic activation (cellular based) initiated by way of stimuli such as vascular injury, ischemia, exercise, stress and pyrogens.

#### Exogenous

(Therapeutic) activation (drug based) includes streptokinase, urokinase and tPA tissue plasminogen activator).

# Summary





#### **Deep Venous Thrombosis**



-Vein

Closed Valves



Contraction of muscles helps the blood to be pushed up the vein.

### 1998 Nobel Prize to cardiovascular system: NO (nitric oxide)

**<u>ROBERT F. FURCHGOTT</u>** (State University of New York, Downstate)

#### LOUIS J. IGNARRO (UCLA)

**FERID MURAD** (U Texas, Huston)

for their discoveries concerning nitric oxide as a signaling molecule in the cardiovascular system.

# Objectives

#### Introduce vascular systems

Inertia vs. viscous force

#### Interface vascular dynamics with vascular biology

- Hemodynamics and vascular oxidative stress
- Balance between thrombosis and thrombolysis

Translate vascular dynamics to an *in vivo* model

Bridge bioengineering, industry and medicine

### Cardiovasculature: A Dynamic Sensing and Actuating System

- Too monotonous
- Too easy
- Too biological
- Too clinical
- Too little MEMS
- Too little class interactions
- Too little engineering
- Too much basic sciences
- Too little depth
- Too little breadth



#### Translating MEMS to Assess Pathophysiology of Atherosclerosis



#### **Flexible Polymer MEMS Sensors**









#### **Operating Principle of Shear Stress Sensors:** Relation between convective heat transfer and shear stress



The heat convection from a resistively heated element to the flowing fluid is measured, from which a value for shear stress is inferred

Liu et al, J MEMS 2000 Huang et al, 1995

### **MEMS Shear Stress Sensors**

#### MicroElectroMechanical Systems (MEMS) for high temporal and spatial resolution



Flow past the sensing element changes the temperature and resistance

#### In Vitro Stenotic model: Combining Doppler, CFD, and MEMS sensors



#### Flow Separation and Flow Reversal post stenotic region



### Translating In Vitro to In Vivo Models



The angiogram delineated the diameter of the rabbit aorta after contrast dye injection.





The angiogram revealed the aorticNew Zealand White (NZW) rabbit arch, descending aorta, and left carotid arteries.



A physician was deploying the sensor via the femoral-cut-down approach.

MEMS sensor in the rabbit arterial system



Yu, H., Ai, L., Hsiai, T. K., et al. Flexible Polymer Sensors for In Vivo Intravascular Shear Stress Analysis, *IEEE/ASME J MEMS*, 2008

## **Descending aorta**

#### Normal chow diet

#### High fat/cholesterol diet



### **Aortic arch**











#### High fat/cholesterol diet





1.5



## Immunohistochemistry



Heart rate at 200 beats/minute; Respiratory rate at 30 times/minute

### **Geometry and Boundary Conditions**



Ai, L., Yu, H., Hsiai, T. K., et al. Optimization of intravascular shear stress assessment in vivo, *J Biomech*, 2009.

### **Conversion of output voltage to shear stress**





(c) Experimental shear stress curve (in red) compared with computational results

Ai, L., Yu, H., Hsiai, T. K., et al. Real-time Intravascular Shear Stress in the Rabbit Abdominal Aorta , *IEEE Trans. Biomed. Eng.*, 2009.



#### Early detection of Mechanically Unstable Plaque for Selective Intervention









# Objectives

### Introduce vascular systems

Inertia vs. viscous force

### Interface vascular dynamics with vascular biology

- Hemodynamics and vascular oxidative stress
- Balance between thrombosis and thrombolysis

### Translate vascular dynamics to an *in vivo* model

- Heat transfer strategy to sense secondary flow
- Bench to pre-clinical study for safety and efficacy

### Bridge bioengineering, industry and medicine





## External Defibrillator







# **Emergency Room**



#### **Diagnostic modalities**

#### ECG/EKG (electrocardiogram)

#### Chest X-Ray



The X-Ray on the left shows a normal heart. On the right, the heart is enlarged.











Echocardiography is the process of mapping the heart through echoes. The pulses are sent into the chest and the high-frequency sound waves bounce off of the heart's walls and valves. The returning echoes are electronically plotted to produce a picture of the heart called an echocardiogram.

### Ultra Fast Computed Tomography (CT)



Computed tomography (CT or CAT scan) is a diagnostic imaging procedure that uses a combination of x-rays and computer technology to produce cross-sectional images (often called slices), both horizontally and vertically, of the body.

In standard x-rays, a beam of energy is aimed at the part of the body being studied. A plate behind the body part captures the variations of the energy beam after it passes through skin, bone, muscle, and other tissue.

Ultrafast CT scans can take multiple images of the heart within the time of a single heartbeat, thus providing much more detail about the heart's function and structures, and also greatly decreasing the amount of time required for a study.





#### **Coronary arteries**





### Angioplasty



## Stents



During angioplasty, a catheter is fed into the femoral artery of the upper leg (A). The catheter is fed up to coronary arteries to an area of blockage (B). A dye is released, allowing visualization of the blockage (C).

A stent is placed on the balloon-tipped catheter. The balloon is inflated, opening the artery (D). The stent holds the artery open after the catheter is removed (E).

### Left Ventricular Assist Device (LVAD)



Because of the shortage of donor hearts, heart assist devices are often used to keep patients alive while they await <u>heart transplant</u>. Assist devices, which take over the majority of the heart's pumping function, allow the heart to rest, heal, and grow stronger.

As a result, patients often become healthier and stronger before they undergo transplant surgery.


## **Prosthetic Heart Valves**



Heart valves have key roles in regulating blood flow the heart, opening and closing in sequence with each heartbeat.

These values act like one-way doors, allowing blood to flow either forward into the next chamber, or out of the heart via one of two main blood vessels that carry blood away from the heart. The values close to prevent back flow.



The two main prosthetic valve designs include mechanical and bioprosthetic (tissue) heart valves, some of which are shown below.

# Objectives

#### Introduce vascular systems

Inertia vs. viscous force

#### Interface vascular dynamics with vascular biology

- Hemodynamics and vascular oxidative stress
- Balance between thrombosis and thrombolysis

#### Translate vascular dynamics to an *in vivo* model

- Heat transfer strategy to sense secondary flow
- Bench to pre-clinical study for safety and efficacy

#### Bridge bioengineering, industry and medicine



#### **Collaborators/Consultants**

**Donald Heistad Robert Kloner** Ellen Lien Fengzhu Sun E. S. Kim Joe Wu **Randall Lee Judith Berliner** Shu Chien Kathy Griendling Hanjoong Jo Stan Hazen







Althea Lyman (Provost Scholar) Jeff Cui (Rose Hills Scholar) Farhad Darbandi (Provost Scholar) Raj Kalsa (Rose Hills Scholar) **Elizabeth Park (Trustee Scholar)** Tyler Bebee (Provost Scholar) Mahsa Rouhanizadeh, PhD, Fei Yu (Singapore National U) Wakako Takabe, PhD (U of Tokyo) Lisong Ai (UCR Dean's Fellowship) Hongyu Yu, PhD, AHA PDG (Tsinghua U, Beijing) Rongsong Li, PhD (Tuft Univ)

**University of Iowa** Heart Institute, Good Samaritan Hospital, Los Angeles **Children's Hospital Los Angeles, USC Computational Biology, USC Electrical Engineering, USC Stanford University** UCSF UCLA UCSD **Emory U** NIH R21 (HL091302) Georgia Tech/Emory U **Cleveland Clinic** 

NIH NHLBI KO8 (HL068689) NIH NHLBI RO1 (HL083015)

AHA GIA (0655051Y) AHA PDF (0425053Y) AHA PDF (0615063Y)



The search for truth is one way hard another easy, for no one can master it fully nor miss it fully, each adds a little knowledge to our nature, and from all things assembled there arises a certain grandeur.

Aristotle

### Thank You!